



LUNCH



MONDAY – MEXICAN

- Chicken Burrito
- Veggie Chilli Nachos & Salsa (Ve)
- Mexican Slaw
- Marble Cake (V)

TUESDAY – INDIAN

- Chicken Tikka Masala
- Sweet Potato & Chickpea Korma (Ve)
- Turmeric Rice
- Peach Cobbler (Ve) & Custard (V)

WEDNESDAY – TRADITIONAL ROAST

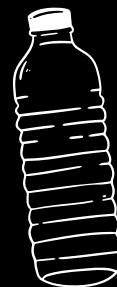
- Honey Glazed Gammon
- Smoked Cheese & Onion Slice (V)
- Roast Potatoes & Vegetables
- Apple Crumble (Ve) & Custard (V)

THURSDAY – CLASSIC BRITISH

- Marmalade Glazed Bangers
- Quorn Sausages (Ve)
- Mashed Potatoes & Green Beans
- Lemon Drizzle Cake (V)

FRIDAY – FISH & CHIP FRIDAY

- Young's Breaded Fish Fingers
- Quorn Fishless Fish Fingers (Ve)
- Chipped Potatoes & Peas
- Vanilla & Blueberry Bondie (V)



DRINKS

- WATER 60p
- Splash 70p
- Rejoiced 60p

PRICES

- Main £2.42
- Traybakes 80p
- Cookie 80p
- Muffins 80p
- Doughnuts 80p
- Hot pudding £1.20
- Fruit Pot 80p

MEAL DEAL

- Main & Cake or Traybake & Fruit £2.85
- Sandwich & cake or Traybake & Water £2.85



ALWAYS AVAILABLE

Freshly baked Jacket Potatoes with a variety of fillings.





LUNCH



MONDAY - AMERICAN

Beef Burger
Spicy Bean Burger (Ve)
Skinny Fries

Sticky Toffee Pudding (V)

TUESDAY - MORROCAN

Harissa Spiced Chicken Tagine
Vegetarian Tagine (Ve)
Mediterranean Cous Cous

Carrot Cake (V)

WEDNESDAY - TRADITIONAL ROAST

Roast Beef & Yorkshire Pudding
Roast Mediterranean Vegetable
Tarte Tatin (Ve)
Roast Potatoes & Vegetables

Apple & Cinnamon Strudel & Custard (Ve)

THURSDAY - CLASSIC BRITISH

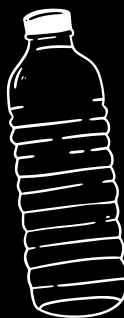
Chicken Cobbler
Cheese & Bean Plait (V)
Cheesy Mash & Vegetables

Rice Pudding & Jam (V)

FRIDAY - FISH & CHIP FRIDAY

Young's Battered Cod Fillet
Cheese Flan (V)
Chipped Potatoes & Peas

Pineapple Upside Cake & Custard (V)



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SBL
SIR BERNARD LOVELL
ACADEMY



WEEK 3 - 16/09, 07/10, 03/11, 25/11, 03/12

LUNCH



MONDAY - ITALIAN

Traditional Beef Bolognese
Tomato & Cheese Gnocchi (V)
Garlic Bread & Sweetcorn

Golden Syrup & Apple Sponge & Custard (V)

TUESDAY - CARIBBEAN

Jerk Chicken
Fruity Courgette & Pineapple Curry (Ve)
Caribbean Rice & Pineapple Salsa

Banana Loaf Cake (V)

WEDNESDAY - TRADITIONAL ROAST

Roast Chicken & Stuffing
Roasted Butternut Squash Wedges (V)
Roast Potatoes & Vegetables

Vanilla Sprinkle Cake & Custard (V)

THURSDAY - CLASSIC BRITISH

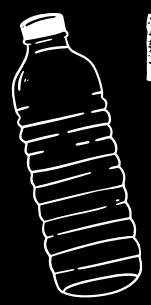
Beef Pie with Puff Pastry
Cheese & Onion Pie (V)
Mashed Potatoes & Vegetables

Chocolate Crunch (Ve)
& Pink Custard (V)

FISH & CHIP FRIDAY

Fish Burger
Cheesy Scotch Eggs (V)
Chipped Potatoes & Peas

Tiramisu Trifle Pot (V)



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